

Napo in the workplace



Share skills and experience

Scene URL: <https://prod.napofilm.net/en/learning-with-napo/napo-in-the-workplace/share-skills-and-experience>

Introductory text

In this activity participants view and discuss a Napo scene which looks at manual handling hazards and the importance of listening to and learning from experienced co-workers when it comes to safe manual handling.

Learning Objectives

Participants understand:

- the benefits of a sustainable working life (w,m,s)
- the importance of listening to and learning from co-workers(w, m,s)
- the importance of training on safe manual handling to protect worker's physical condition (w,m,s)
- that learning from experience can reduce the impact of poor manual handling from a personal and organisational perspective (w,m,s)

managers (m) supervisors (s) and workers (w)

Activities

Facilitator to introduce Napo, encouraging participants to identify the potential for MSDs.

Facilitator to encourage participants to share their own experiences using the recommended questions from the following options:

- What health and safety issues does the film raise? Can you suggest any solutions? (w,m,s)
 - Do you apply safe manual handling techniques in your daily routine, and, do you encourage colleagues to do likewise? (w,m,s)
 - When new workers come into your workplace how do you support them to move and handle objects safely and without risks to their health? (w)
- How do you ensure all workers are trained in how to move and handle objects safely and without risks to their health?(m,s)
- When handling aids are provided to reduce the risk of injury how do you ensure they are properly used? (m,s)
- What opportunities do you think might result from people of different ages working together? (w,m,s)
- What challenges might result from people of different ages working together and how would

Napo in the workplace



Share skills and experience

you overcome these? (w,m,s)

Concluding questions

- Do you recognise the value of intergenerational mentoring within your workplace? (m,s)
- Can you explain the importance of ensuring that all workers, particularly young ones understand the short, medium and long-term impact of MSDs (w,m,s)

Assessment

- Participants can explain the benefits of safe handling and the short and long term benefits of intergenerational mentoring on a personal and organisational level (w,m,s)

Resources required

- Flipchart and pens
- [Share skills and experience](#)