

# Napo in the workplace



Let a machine take the strain

Scene URL: <https://prod.napofilm.net/en/learning-with-napo/napo-in-the-workplace/let-machine-take-strain>

## Introductory text

In this activity participants view and discuss a Napo scene which looks at the use of mechanical aids to move loads safely.

## Learning Objectives

Participants understand:

- The importance of taking time to assess a load and avoiding the manual handling of objects (w,m,s)
- Having assessed a load how to identify the correct mechanical aid to safely move it (w,m,s)
- The importance of early symptom reporting (w,m,s)
- Why they should apply this knowledge both at work and out of work (w,m,s)

managers (m) supervisors (s) and workers (w)

## Activities

Facilitator to introduce Napo, encouraging participants to identify the potential for MSDs.

Facilitator to encourage participants to share their own experiences using the recommended questions from the following options:

### Questions to consider:

- What health and safety issues does the film raise? Can you suggest any solutions? (w,m,s)
- Do you recognise this situation from your own workplace? (w)
- When introducing mechanical aids into the working environment, what considerations should be made? (w,m,s)
- How do you encourage workers to use the mechanical aids provided? (m,s)
- How do you ensure that your organisation considers new developments in mechanical handling technology and their application within your workplace? (m,s)

## Concluding questions

- Can you explain the importance of taking the time to identify the hazards associated with load handling?(w,m,s)

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- Can you explain the added value of a team approach to assessing loads and selecting control measures? (w,m,s)

## Assessment

- Participants can explain the short and long term benefits of using mechanical aids on a personal and organisational level (w,m,s)

## Resources required

- Flipchart and pens
- [Let a machine take the strain](#)